

LARGEST WEEKLY CIRCULATION IN THE HAMPTONS PLUS SPECIAL MANHATTAN DELIVERY

Dan's Papers

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HEALTH, BEAUTY & FITNESS

Skin deep with Samantha Altea

Face forward

Let's face it, it's fall and the thing to go with the onset of whipping wind and the rain we've been having of late – (that torrential, never-ending onslaught that went for 10 days straight, remember) – is to put our faces first.

Just like the summer months, it's as important to make sure that you have skin care products to complement how your face reacts to the upcoming frosty elements. It's also wise to have a good skin care regimen, as well as a brand of products that you trust; and so with this in mind, to follow are some great brands that you may not have heard of, but certainly should consider.

First off, I just discovered and love, love, love (or as the makers of this product would say, "Je t'aime") **Source Pure**, by **Ingrid Millet**. This exclusive French brand can only be found in very select spas and specialty stores.....but can also be ordered by calling 1-888-566-8214. Source Pure is all-natural, with a wonderful aroma and makes one feel very special and pampered. It also has all the essential elements to ensure the skin keeps in perfect balance and with a youthful looking complexion.

I spoke with Nuhad Khoury, president of Ingrid Millet US, and asked her why their products would be a good buy for Hamptonites who are faced with winter woes. Her answer – apparently, Ingrid Millet has introduced two exciting new high-performance moisturizers which create a protective barrier for the skin and according to Khoury, "Every woman must have product for protection against cold weather."



She continues, "Essential oils are like food for the skin and during the wintertime, you need to nourish your skin more to be able to have the skin protect itself against the fury of the natural environment."

Therefore, try their **Aromafleur Moisturizing-Soothing Concentrate** (\$98), with wonderful essential oils, and you can even combine it with **Aromafleur Hydra-Soothing Cream** (\$86), for an amazing reparative treatment.

Another skin care range that got my attention this fall is **Trilogy**. This line is pure botanical and stands apart from many other synthetic products, as it combines plants, flowers, vegetables and fruit. Trilogy doesn't believe in subjecting skin to unnecessary synthetic ingredients and so, like Aromafleur, concentrates on an all-natural theme. It's full of phyto-nutrients, essential fatty acids, antioxidants and vitamins and, for you beach lovers, has products ideal for sun

damaged skin. A Trilogy product well worth trying is the **Vital Moisturizing Cream**, which is lightweight and easily absorbed without feeling greasy, and has long-lasting hydration. Their **Eye Contour Cream** is excellent, as is the **Gentle Facial Exfoliant** and **Intensive Lip Treatment**. For more information about their products see: www.lafcony.com/products/trilogy/index.php.

Not forgetting the face of our Hampton boys, **Sharps USA** is an interesting brand for gents. Sharps' philosophy encompasses old style barbershop and grooming, with a fun appealing and down to earth twist that men "get." Try their **Daily Pre Tuning Lotion**, boys, which moisturizes and strengthens.

And their **Daily Prep Lip Stuff** is a must for frosty days. See www.sharpsusa.com/v2/home.php for more info.

Malin and Goetz is another male option, but beware, you might have to share with your gal pal, because this product is unisex. With its architectural-appealing design and scientific approach to achieving the perfect pH balance from head to toe, Malin and Goetz's products are appealing to all the senses. The packaging looks great, makes your skin feel fine and smells just as good. They carry everything from cleansers with grapefruit, to peppermint scented shampoo. Try their Vitamin E shaving cream (\$22) for a fresh fall face. (www.malinandgoetz.com)

Think about the products you use this fall – even though the weather doesn't look as good as it did a couple of months ago, it doesn't mean that we can't.

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